



# Projects for Assistance in Transition from Homelessness: *The Path to Mental Health Transformation*

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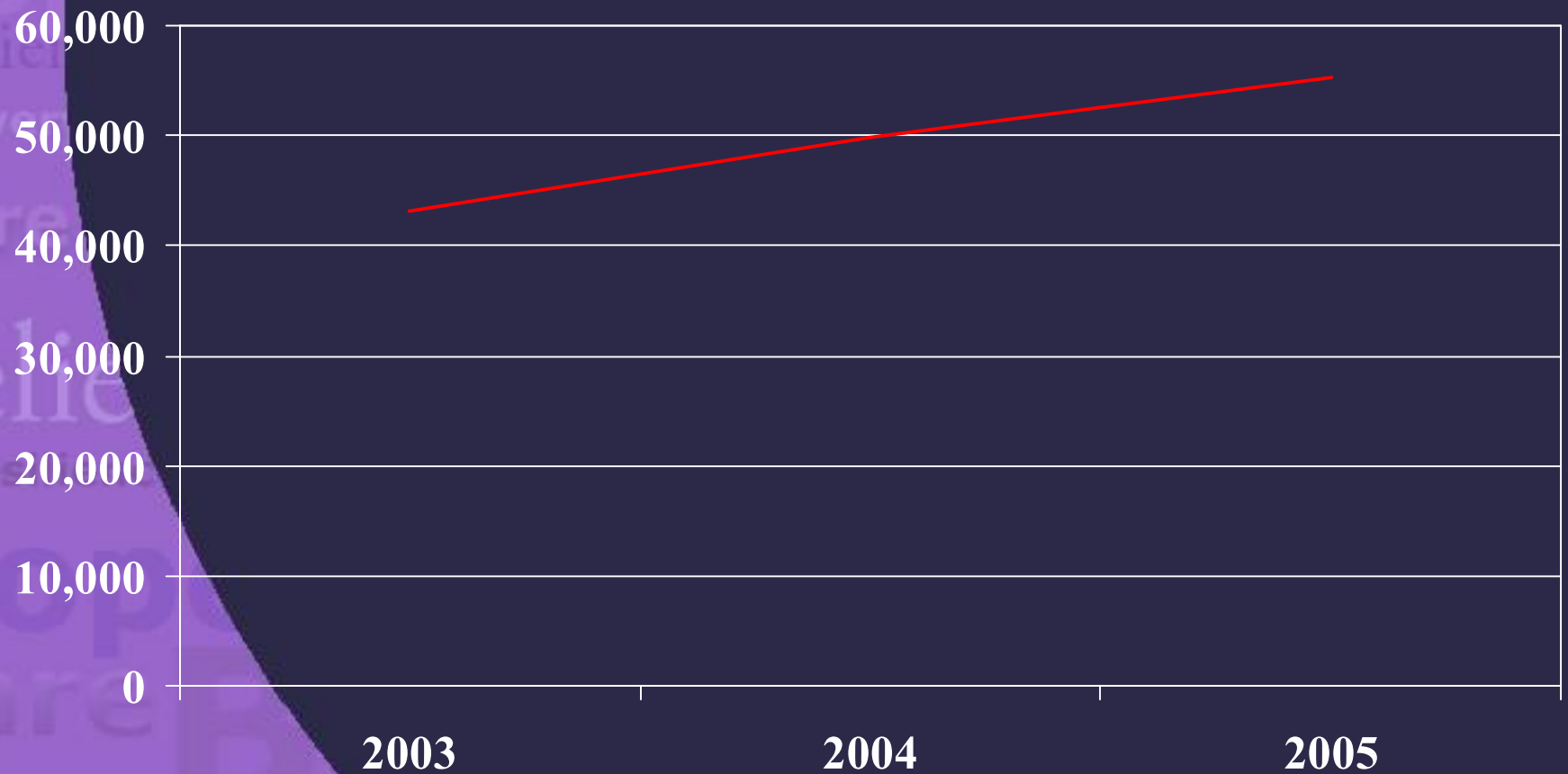
U.S. Department of Health and Human Services  
Substance Abuse and Mental Health Services Administration  
Center for Mental Health Services  
[www.samhsa.gov](http://www.samhsa.gov)

Each night,  
as many as  
200,000  
individuals  
with a serious  
mental illness  
will sleep on  
the streets or  
in shelters.



# PATH Program Funding, Fiscal Years 2003-2005

(dollars in thousands)





# The SAMHSA Matrix



"Built on the principle that people of all ages, with or at risk for mental or substance use disorders, should have the opportunity for a fulfilling life that includes a job, a home, and meaningful relationships with family and friends."

Charles G. Curie, M.A., A.C.S.W.  
Administrator, SAMHSA

**Accountability  
Capacity  
Effectiveness**

SAMHSA Priorities: Programs & Principles		Cross-Cutting Principles									
		Science to Services/ Evidence-based Practices	Data for Performance Mea- surement & Management	Collaboration with Public & Private Partners	Recovery; Reducing Stigma, Barriers to Services	Cultural Competency/ Eliminating Disparities	Community and Faith-Based Approaches	Trauma & Violence (e.g., Physical & Sexual Abuse)	Financing Strategies & Cost-effectiveness	Rural & Other Specific Settings	Workforce Development
Programs/Issues	Co-Occurring Disorders										
	Substance Abuse Treatment Capacity										
	Seclusion & Restraint										
	Strategic Prevention Framework										
	Children & Families										
	Mental Health System Transformation										
	Disaster Readiness & Response										
	Homelessness										
	Aging										
	HIV/AIDS & Hepatitis										
	Criminal Justice										

# Defining Transformation

Transformation: \n (15c) from the Latin roots to change TRANS (across) and FORMA (shape).

- 1: a change in form, appearance, nature or character
- 2: the process of doing so.

# The Goals of a Transformed System

- Goal 1** Americans understand that mental health is essential to overall health.
- Goal 2** Mental health care is consumer and family driven.
- Goal 3** Disparities in mental health services are eliminated.
- Goal 4** Early mental health screening, assessment, and referral to services are common practice.
- Goal 5** Excellent mental health care is delivered and research is accelerated.
- Goal 6** Technology is used to access mental health care and information.

*The lack of decent, safe, affordable, and integrated housing is one of the most significant barriers to full participation in community life for people with serious mental illnesses.*

*Achieving the Promise:  
Transforming Mental Health Care in America  
The President's New Freedom Commission  
on Mental Health*

# **The Public Health Model**

**A community approach to preventing and treating illnesses. Its premise is that caring for the health of an individual protects the community, while—in turn—caring for the health of a community protects the individual—with society at large reaping the overall rewards.**



## **Chronically homeless people with mental illnesses are likely to:**

- ▣ Have acute and chronic physical health problems.
- ▣ Use alcohol and drugs.
- ▣ Have escalating, ongoing psychiatric symptoms.
- ▣ Become victimized and incarcerated.

*“No single goal or recommendation alone can achieve the needed changes. No level or branch of government, no element of the private sector can accomplish needed change on its own. To transform mental health care as proposed, collaboration between the private and public sectors and among levels of government is crucial.”*

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# Federal Partners Workgroup

## Department of Health and Human Services

**AoA  
ACF**

**NIH/NIDA  
NIH/NIMH**

**AHRQ  
CDC  
CMS**

**OS/ASPE  
OS/OCR  
OS/OD  
OS/OPHS**

**HRSA  
IHS**

**SAMHSA**

## Other Partners

**Department of Education  
Department of Housing  
and Urban  
Development**

**Department of Justice  
Department of Labor**

**Social Security  
Administration**

**Department of Veterans  
Affairs**

# Implementation Resource Kits

[www.mentalhealth.samhsa.gov](http://www.mentalhealth.samhsa.gov)

1. **Illness Management and Recovery**
2. **Medication Management Approaches in Psychiatry**
3. **Assertive Community Treatment**
4. **Family Psychoeducation**
5. **Supported Employment**
6. **Co-occurring Disorders: Integrated Dual Diagnosis Treatment**



*Because recovery will be the common, recognized outcome of mental health services, the stigma surrounding mental illnesses will be reduced, reinforcing the hope of recovery for every individual with a mental illness.*

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Mental Health Care in America*  
New Freedom Commission on  
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